Nature

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| Title | Contact |
| Article about the positive effects of nature.  <https://positivepsychology.com/attention-restoration-theory/>, |  |
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| Last Child in the Woods, Saving Our Children From Nature Deficit Disorder | Louv, Richard |
|  |  |
| The Lost Art of Reading Nature’s Signs, Use Outdoor Clues to: Find your way, Predict the Weather, Locate Water, Track Animals-And Other Forgotten Skills | Gooley, Tristan |
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